**Volunteer Opportunities**

*Take a look at these listings*

**Turn Trauma into Triumph**-Volunteers are needed to tutor women to obtain their GED. This is a position for those with great empathy and understanding for ladies that have been a victim of violence. Your knowledge will turn a life around and you will know how much your caring and concern placed your student/s on the well-deserved path to success. Westside location with hours available Monday, Tuesday and Wednesday 9:30 a.m.-12:30 p.m. or Monday and Wednesday 4:30 p.m.-7:00 p.m.

Contact Jan at 216-391-9500 x 2124 or jvectirelis@greaterclevelandvolunteers.org

**Provide Medical Humanitarian Assistance**-Volunteers are needed to help sort medical supplies that are processed and sent out to developing countries. It may include sorting medical supplies into categories, matching similar items together, boxing and labeling inventory, or other projects as needed. No medical background is needed.

Weekday, week night and weekend shifts available.

Contact Hannah at 216-391-9500 x 2122 or hdriscoll@greaterclevelandvolunteers.org

**Feed the Hungry**-Enjoy the lively and productive environment of this bright and cheery food pantry that provides much needed groceries and clothing. Volunteers must be able to lift 10 pounds and will assist with unloading food, sorting, bagging and distributing to clients. Located in Slavic Village the days and times needed are Tuesday through Friday 11:00 a.m.-3:00 p.m.

Contact Jan at 216-391-9500 x 2124 or jvectirelis@greaterclevelandvolunteers.org

**Guide through College**-College can be a new and intimidating experience for many students. You help by supporting and guiding an economically disadvantaged student through their college career. On your own schedule you will communicate and meet with a mentee to help support and advise.

Contact Hannah at 216-391-9500 x 2122 or hdriscoll@greaterclevelandvolunteers.org

**Receptionist**-Offer your time with Cleveland nonprofit agency’s reception desk to check-in clients for appointments. Computer knowledge is a must along with basic office skills of answering phones, making copies, scanning files and other needs as they arise. Monday through Friday 9:00 a.m.-5:00 p.m.

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**Lunchtime Buddies**-We are seeking mentors for K-5th grade students. You would help once-a-week by participating in recreational and educational activities. You will be instrumental in changing lives by helping students make healthy choices, develop high self-esteem, a positive view of the future and learn leadership/entrepreneurship skills. But most importantly, have fun and build meaningful relationships. Sessions are one hour and mentors meet one-on-one with mentees in a group setting. Professional staff members will facilitate all program activities and mentors will be trained. No previous mentoring experience required. Locations are based in Garfield Heights.

Contact Hannah at 216-391-9500 x 2122 or hdriscoll@greaterclevelandvolunteers.org
Calling All Musicians! - Utilize your musical talent teaching children and young adults guitar, flute, piano, drums or violin. Know you are changing a life by sharing your musical gift to create the next Superstar of the Virtuoso world. Hours vary Monday through Friday 4:00 p.m.-6:00 p.m. in an Ohio City location. Contact Jan at 216-391-9500 x 2124 or jvectirelis@greaterclevelandvolunteers.org

Stay Active this Winter - You can get active this winter by teaching an exercise class at an assisted living facility. A volunteer is needed to lead an exercise class, encourage resident’s participation in the exercise class and monitor for safety, follow instructions of wellness staff regarding class content, set-up and put away exercise equipment and transport residents as needed. Previous experience with teaching exercise classes, preferred. Available Monday, Wednesday and Friday 11:00 a.m.-12:00 p.m. Contact Hannah at 216-391-9500 x 2122 or hdriscoll@greaterclevelandvolunteers.org

Enjoy the Arts While Volunteering - If you enjoy the arts, consider serving as an Art Gallery Attendant. You will greet visitors and be a vital part of the Gallery by making them feel welcome and appreciated. Locations vary throughout Cuyahoga County and the days and hours are very flexible with the average shift lasting only a few hours. If you enjoy people and art this is the perfect position for you! Contact Jan at 216-391-9500 x 2124 or jvectirelis@greaterclevelandvolunteers.org

Community Health Educator - Health educators are dedicated volunteers who help raise awareness, provide education and expand the reach on health topics in the community. One area that needs awareness and reach is that of the Alzheimer’s disease. Volunteers work with staff partners to identify and coordinate educational programs that reach targeted audiences and help provide education on the challenging topic of Alzheimer’s in the surrounding community. You may help secure program partners, schedule, prepare presentation and manage materials. This is a yearly commitment to attend up to 12 events. Contact Hannah at 216-391-9500 x 2122 or hdriscoll@greaterclevelandvolunteers.org

Classroom Aide - For this opportunity you would assist a college instructor in a classroom environment helping people from many cultural and linguistic backgrounds. Students range from young adults to seniors. The class objective is to provide ESL (English as a Second Language) and employment skills. You would sign in students, provide curriculum binders, keep attendance sheets and help with miscellaneous matters as needed. Located in the Detroit-Shoreway area the days/hours are Monday through Friday 9:00 a.m.-1:30 p.m. Contact Jan at 216-391-9500 x 2124 or jvectirelis@greaterclevelandvolunteers.org

Special Events:
These are one-time opportunities. If your schedule hasn’t been able to accommodate on-going volunteer efforts, consider one or both of these!

Make the Holidays GLOW - Celebrate and make the season bright at the Cleveland Botanical Garden’s GLOW Festival in University Circle. Assistance is needed daily from November 23rd to January 4, 2020 with 4-hour shifts from 9:45 a.m. to 9:00 p.m. Volunteers will assist with Children’s Activities, Guest Greeting, as a Garden Attendant or in the Gingerbread Workshop. Contact Nancy at 216-391-9500 x 2123 or ndzurnak@greaterclevelandvolunteers.org

Girl Power - Group Leaders are needed for a day of celebrating, educating and encouraging good health to young women on Saturday, December 7th 8:00 a.m.-3:30 p.m. at the Metro Campus of Cuyahoga Community College. Volunteers will usher a group of 20-25 girls between breakout sessions and events and can participate in group discussions if comfortable. Contact Nancy at 216-391-9500 x 2123 or ndzurnak@greaterclevelandvolunteers.org